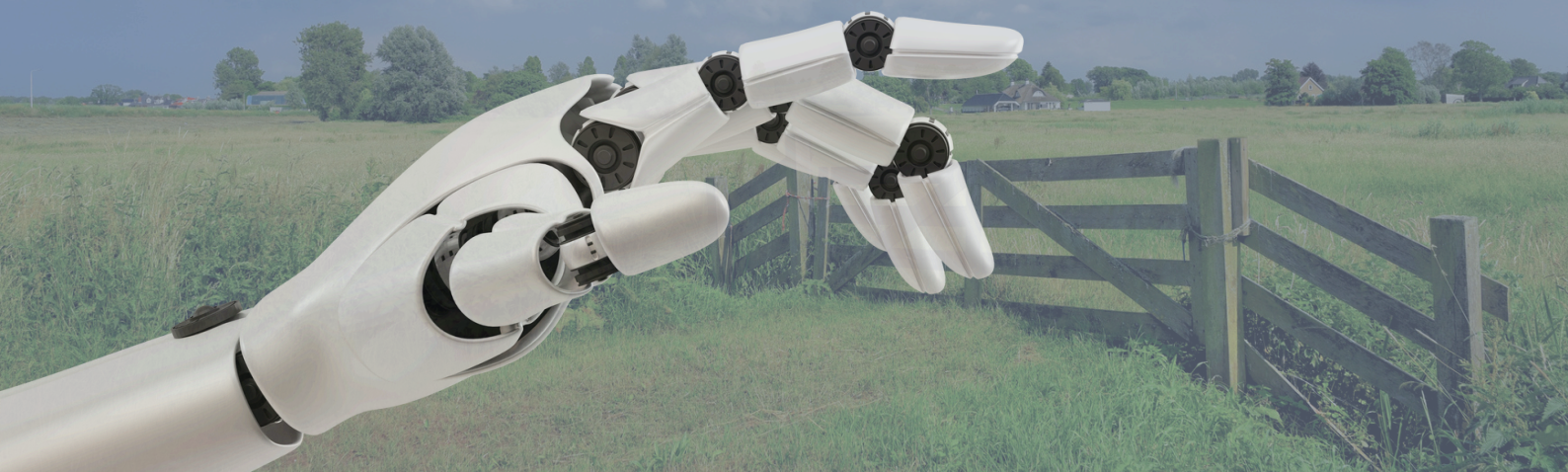


QUARTERLY COMMUNICATION BULLETIN

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**REVITAL IS LAUNCHED IN THE PYRENEES!**

The consortium of the project "REVITAL: Socioeconomic revitalization of low-density population areas through clinical telecare", which is part of the Interreg VI-B Sudoe 2021-2027 Programme, held a new transnational meeting on 27 and 28 May at the Garazi Public Health Establishment, in the heart of the Pyrenees.

A key meeting to share the progress being made in the project's pilot program, coordinate strategies, and strengthen collaboration among the consortium partners.

Meetings

The meeting began with a presentation of the pilot case led by the Garazi Healthcare System in France, led by Paloma Álvarez, the physiotherapist coordinating the REVITAL project at the institution. First, a comprehensive overview of the French healthcare system and the structure of the Garazi Healthcare System was provided. It is precisely at this location of the Garazi Healthcare System (which includes a hospital and three public nursing homes) that the REVITAL pilot project is being conducted. Some of the technological tools used in the pilot project were presented, such as MediMoov, Cérébro, Vitalstim Plus, and the Hank, Belk, and Helk exoskeletons.

Next, administrative issues related to project declarations were addressed (presented by Melania Dąbrowska, project manager at Cluster SIVI), and progress in staff training was shared in the three pilot cases, led by the San Cebrián Foundation (FSC), with a presentation by Abigail Azpeleta, case manager at FSC.



Meetings

REVITAL IS BOOSTED IN THE HEART OF THE PYRENEES

The status of patient selection and the implementation of the pilot project were also reviewed, highlighting the work done by ESTIA, which was presented by the organization's project manager, Jon Arambarri, and the imminent start of the pilot project in Portugal. Monica Cardoso, project technician at AEBB, and IPCB physiotherapists Mariana Fonseca and Inês Gomes, highlighted the progress being made toward the start of the pilot project this summer.

In addition, the work plan for the evaluation activities was presented, with contributions from DEUSTO, through Ibon Oleagordia Ruiz, project manager at Deusto, and the Social Services Management (GSS) of the Regional Government of Castilla y León, through Beatriz Jiménez Galán, project manager at GSS. The focus was on the collection of homogeneous statistical data and the evaluation of tools using USE (Usefulness, Satisfaction and Ease of Use) and SUS (System Usability Scale) questionnaires. It was proposed to prioritize functional analysis based on user profiles and the devices used, especially those developed by Gogoa Mobility Robots, which was attended by Íñigo Urkidi, the entity's project manager.

Wednesday's session began by focusing on communication and outreach topics, highlighting the planned attendance at the MEDICA trade show, the presentation of new promotional materials, and upcoming social media initiatives. The meeting continued with the definition of the next steps and strategy for continuing the project, as well as the planning of the next in-person follow-up meeting, which will be held at the San Cebrián Foundation Group headquarters in Palencia, the date of which will be confirmed shortly.

REVITAL thus concluded another in-person meeting of the project, which continues to consolidate its cross-border work to improve care and quality of life in rural areas through technological innovation and institutional cooperation.



Sudoe Synergies

THE HENKO NET PROJECT GENERATES SYNERGIES WITH REVITAL

During Wednesday's session, we from the REVITAL consortium had the opportunity to view an interesting presentation of the HENKO NET project, also funded by Interreg-Sudoe, which focuses on innovation and digital technologies for Social and Health-Based Palliative Care in the Home.

The term HENKO, which in Japanese means "profound and transformative change," reflects the essential focus of the HENKO NET project. This project seeks to generate organizational transformation in the field of palliative care, using innovation and digital technologies to improve the social and healthcare care of people receiving palliative care in their homes, especially in rural areas.

Fátima González, Project Manager of the INTRAS Foundation, presented her project's initiatives aimed at creating knowledge communities, identifying best practices, and analyzing the socioeconomic impact of these strategies, generating synergies with the REVITAL project.

"One of the goals of these projects is to share knowledge and clearly demonstrate the improved quality of life and savings generated by these strategies. We want to continue this through the socioeconomic analysis we will develop," said Fátima González, project manager at INTRAS and project manager for the HENKO NET project.



Diffusion

DEUSTO EXHIBITS A REVITAL POSTER AT ICIC25

The University of Deusto presented a REVITAL poster at the 25th International Conference on Integrated Care (ICIC25), held in Lisbon, Portugal, from May 14 to 16, 2025.

Under the theme "Synergy between Health and Care: Leveraging Integrated Care for a Sustainable Future," ICIC25 brought together leaders, researchers, clinicians, managers, community representatives, patients, and caregivers from around the world involved in the design and delivery of integrated health and care services.



Deusto took advantage of this conference to further disseminate the REVITAL project, which seeks to revitalize low-density rural areas in Castile and León (Spain), Beira Baixa (Portugal), and the Basque Country (France) by introducing telecare and teleclinical rehabilitation services, leveraging advanced technologies.

In addition to improving the quality of life for people living in these areas, REVITAL also aims to generate skilled employment, attract new residents, and boost the rural economy. The goal is to prevent seniors from having to move to urban areas to receive advanced medical care and, at the same time, promote sustainable development based on social innovation in these rural areas.

Dr. Ibon Oleagordia Ruiz, project manager at Deusto and REVITAL manager for the University, was responsible for presenting this poster, which was shown in its digital version. You can find the link to the digital publication [HERE](#).

The objective of this poster is to disseminate this project in a scientific and informative manner, highlighting the background, implications, objectives, consortium members, and the results being achieved thanks to this project, which is being developed in rural areas of Spain, France, and Portugal.

In Spain, the San Cebrián Foundation launched the pilot in January 2025, with 5-25 volunteers from the Cerrato and Tierra de Campos areas. Twenty applications have already been received from patients with ALS, MS, stroke, Parkinson's, and other diseases. The technologies used are Vitalstim Plus, Fesia Walk, Pablo, Tyro, Mobi, and Rehametrics.

In France, the pilot began at EPS Garazi and ESTIA, with 42 people benefiting from technology-based telerehabilitation.

In Portugal, IPCB is implementing a pilot project focused on improving rural healthcare through telecare and telerehabilitation.

IDENTIFIED FAIRS AND EVENTS



15TH CONGRESS ON HEALTH, WELL-BEING AND SOCIETY

The 15th International Congress on Health, Well-being and Society presents research addressing the annual themes and the 2025 featured topic: "Emotional vs. Artificial Intelligence: A Paradigm Shift in Healthcare?"

September 4 and 5, 2025 in Granada, Spain.

REHACARE 2025

REHACARE is the largest international trade fair specializing in rehabilitation, prevention, integration, and care. It offers an information and communication platform for people with disabilities, care needs, chronic illnesses, and the elderly, and a meeting point for companies dedicated to the sector to connect with manufacturers and experts in the field.

From September 17 to 20, 2025 in Düsseldorf, Germany.



BIOSPAIN 2025

BIOSPAIN is the largest biotechnology event organized by a national bioindustry association in Europe and one of the largest in the world in terms of the number of one-to-one meetings and participating companies.

This year, BIOSPAIN returns to Barcelona, Spain's leading biotechnology cluster and one of the most dynamic cities in the world.

From October 7th to 9th in Barcelona, Spain.

XVII FESTIVAL SILVERECO

The SilverEco & Ageing Well International Festival aims to bring together international professionals in the field of healthy aging for two full days to share their experiences, best practices, and vision of inclusive aging, as well as to discover today's innovations and identify those of tomorrow. The event will take place on October 20th and 21st at the Palais des Festivals in Cannes.

September 16-17, 2025 in Cannes, France.



The project consortium



BENEFICIARY ENTITIES IN SPAIN



CLUSTER SIVI | VALLADOLID, SPAIN

SIVI Cluster brings together a significant number of public and private organizations with experience in the design, development and application of innovative technological solutions in the fields of active and healthy aging, mental health and independent living.

The role of the SIVI Cluster will be that of project coordinator. SIVI will also be responsible for coordinating all communication and dissemination activities.

UNIVERSIDAD DE DEUSTO | BILBAO, SPAIN

DEUSTO, through its e-VIDA research group at the Faculty of Engineering, provides the project with a multidisciplinary team of researchers with experience in projects (national and international) in the areas of computer, electronic, biomedical and telecommunications engineering. The group is committed to the research and development of tools, systems and interventions based on ICT for health.



GOGOA | BILBAO, SPAIN

GOGOA is a SME manufacturer of medical devices, which focuses its activity in the field of neuro-rehabilitation. It will provide REVITAL with its technological knowledge as a manufacturer of robotic neuro-rehabilitation systems, and its clinical knowledge of neuro-rehabilitation and tele-assistance, both in person and remotely, with the experience gained in the neuro-rehabilitation centres it manages in the Basque Country.

GERENCIA DE SERVICIOS SOCIALES | CASTILE AND LEON, SPAIN

The Social Services Management is a public administration whose main objective is the development and provision of services for the society of Castilla y León.

You will participate in different activities contributing your knowledge in the management of social services, including leading the planning activity of the pilot cases in the three participating regions.



FUNDACIÓN SAN CEBRIÁN | PALENCIA, SPAIN

It is an entity that provides support to people, mainly in rural areas. It has an important network of centers and services for promoting autonomy, which includes an area for promotion and functional rehabilitation.

Their main competence is to facilitate the project in the territory they know and work for the people who live there. They will be an active part in the planning and execution of the pilot cases in Castilla y León.

The project consortium**BENEFICIARY ENTITIES IN PORTUGAL**

**Politécnico
Castelo Branco**
Polytechnic University

IPCB | WHITE CASTLE, PORTUGAL

The Polytechnic Institute of Castelo Branco is a public higher education institution whose mission is to provide high-level training to citizens and to produce and disseminate knowledge.

IPCB will participate in the planning of the project, the selection of appropriate technological tools, the implementation of telemedicine services, as well as the evaluation of the results obtained, with the support of the consortium partners.

AEBB | CASTELO BRANCO, PORTUGAL

The AEBB is a private, non-profit business association for public services. Its purpose is to promote the development of economic activities in the region in the technical, economic, commercial, associative, scientific and other fields.

He brings experience in the connection between the business and academic worlds, as well as in entrepreneurship processes and launching new businesses.

**BENEFICIARY ENTITIES IN FRANCE****EPS GARAZI | ISPOURE, FRANCE**

The Garazi public establishment (EPS Garazi) offers a local healthcare offer, bringing together hospitalisation services in medicine and medical and rehabilitation care, an outpatient and imaging platform, and nearly 200 beds for elderly people in the three EHPADs that comprise it.

It will be key in the management of rehabilitation processes in France.

ESTIA | BIDART, FRANCE

ESTIA is a subsidiary of the Bayonne Chamber of Commerce and Industry that provides education and training in industrial technology.

In the project, he brings his experience and knowledge of existing technological tools in the field of tele-assistance, as well as in business promotion.



**Interreg
Sudoe**



Co-funded by
the European Union

REVITAL

Socioeconomic revitalization of low-density population areas through clinical telecare



PROJECT CO-FINANCED BY THE INTERREG SUDOE PROGRAMME
THROUGH THE EUROPEAN REGIONAL DEVELOPMENT FUND (ERDF)
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