

QUARTERLY COMMUNICATION BULLETIN

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REVITAL SHINES WITH NEW VIDEOS!

The project “REVITAL: Socioeconomic revitalization of low population density areas through clinical telecare”, which is part of the Interreg VI-B Sudoe 2021 – 2027 Program, continues to be publicized worldwide through various audiovisual documents that showcase this initiative and the progress it is making.

Through the creation of animated videos, as well as the dissemination of an audiovisual report showing the piloting in Portugal, the project grows by the number of views.

Diffusion

The Polytechnic Institute of Castelo Branco (IPCB), the entity in charge of piloting the REVITAL project in the Beira Baixa area of Portugal, has announced, through an exciting and revealing video, the progress in its country of this innovative initiative that seeks to transform rehabilitation processes in rural areas through the use of advanced technology and a more human and connected support.

The REVITAL – Interreg Sudoe project has an international consortium made up of entities from various areas of Spain, France and Portugal:

Clúster Soluciones Innovadoras para la Vida Independiente (SIVI), Gerencia de Servicios Sociales de la Junta de Castilla y León, Fundación San Cebrián, GOGOA Mobility Robots, École Supérieure des Technologies Industrielles Avancées (ESTIA), University of DEUSTO, Etablissement Public de Santé de GARAZI, Associação Empresarial da Beira Baixa (AEBB) and the Polytechnic Institute of Castelo Branco (IPCB), who make up the entire consortium.



Diffusion

IPCB CONDUCTS THE PILOT PROJECT IN PORTUGAL

The pilot program at IPCB began on October 8, 2025, with a test session of the HANK and BELK exoskeletons, technologies that can significantly improve the autonomy of people with reduced mobility. This session was held at the Dr. Lopes Dias Higher School of Health at IPCB. The demonstration was conducted in collaboration with GOGOA Mobility Robots, whose professionals trained IPCB technicians in the use of these technological tools.

Within the framework of ESALD-IPCB, the project aims to address the need for specialized care in sparsely populated areas like Beira Baixa, using innovative technological tools including exoskeletons, gamification, technology-assisted therapy, and telerehabilitation. In a later phase, the feasibility of these technologies being adopted by new care providers will be analyzed, facilitating access for the most isolated populations and expanding access in regions where services are limited.



Following this initial session, the pilot phase with users began, led by the IPCB research and physiotherapy team. This phase is taking place over the next few months at the ESALD Pedagogical Clinic and in São Miguel d'Acha, within the framework of a protocol established with the local Parish Council. This pilot will evaluate the clinical impact of these technologies throughout 2026.



Diffusion

A NEW ANIMATED VIDEO TO PROMOTE REVITAL

Still unfamiliar with the REVITAL-Interreg Sudoe project? Whether you're already familiar with the project or not, the REVITAL consortium has created a new animated video—available in all four project languages—that explains everything about this initiative.

The video, designed to be informative and accessible, clearly explains the project's objectives and impact on sparsely populated areas of Spain, Portugal, and France. Through a dynamic visual narrative, the audiovisual piece focuses on the main challenges these regions face, such as population aging and progressive depopulation, particularly evident in areas like Castile and León, Beira Baixa, and the Basque Country. This situation has led to social and economic decline that threatens the territorial balance and social cohesion of these areas.

The audiovisual content also addresses how this fragile situation has been exacerbated by recent factors, such as the COVID-19 pandemic, which highlighted the shortcomings in rural healthcare services, and the ongoing exodus of young people and qualified professionals to cities. These elements reinforce the need for innovative solutions that guarantee adequate care for the elderly and dependent.

Finally, the video highlights the work of the REVITAL project consortium, made up of leading organizations in the social, healthcare, technological, and academic fields. Through the development of advanced telehealth and clinical telerehabilitation services, REVITAL is committed to a future where rural areas not only survive but thrive, fostering stronger, more cohesive communities with greater opportunities.



Fairs and events

REVITAL IS EXHIBITED AT THE MEDICAL FAIR 2025

The REVITAL-Interreg Sudoe project had a prominent presence at MEDICA 2025, the world's most influential medical trade fair, held from November 17-20 in Düsseldorf, Germany. During the event, several members of the project's European consortium actively participated in the SIVI Cluster's stand, which was provided as the project coordinator. They showcased the progress and expected impact of this initiative aimed at revitalizing rural areas in Southwest Europe.

A project to transform the rural areas of the Southwest

REVITAL was created in response to the challenges faced by the rural territories of the SUDOE — Castilla y León (Spain), Beira Baixa (Portugal) and the French Basque Country—, which suffer from structural problems such as the accelerated aging of the population, depopulation and a growing socio-economic deterioration.

The COVID-19 pandemic further highlighted the limitations of rural areas in terms of healthcare services, elder care, and the availability of qualified professionals. In this context, REVITAL proposes a profound transformation through:

- Advanced telecare services
- Physical and neurological tele-rehabilitation systems
- Innovative technologies that enable quality remote care

The goal is to improve the quality of life for elderly and dependent individuals without requiring them to relocate to urban areas for specialized care. At the same time, REVITAL aims to create skilled jobs, attract talent, revitalize the rural economy, and promote sustainable development based on social innovation.



Fairs and events



THE CONSORTIUM MET AT THE SPAIN PAVILION

The project had a prominent space within the SIVI Cluster stand, located in Hall 15, Stand G04-9, in the Spain Pavilion. There, representatives of the consortium had the opportunity to explain to professional visitors, companies, and international organizations how REVITAL is building a new model of social and healthcare for rural areas.

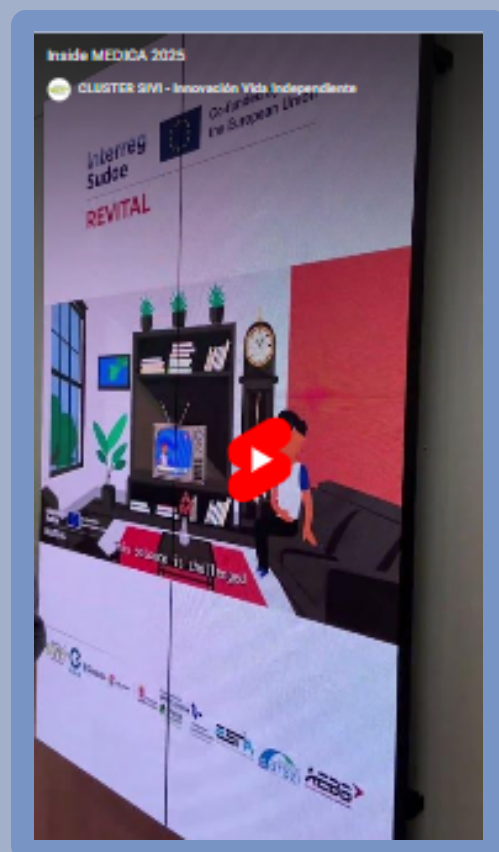
Through MEDICA 2025, the consortium had the opportunity to present the initiative to the public by distributing informational brochures and showing an explanatory animated video, created specifically for the event. This activity helped to bring the project's objectives and scope closer to professionals, organizations, and institutional representatives. Furthermore, participation in MEDICA facilitated the creation of synergies with other stakeholders in the sector, as well as providing the opportunity to learn firsthand about the latest technological advances and developments related to telehealth, rehabilitation, and innovation.

The participation of several of these partners in MEDICA 2025 made it possible to offer a global vision of the project, share experiences between regions and establish connections with other international agents interested in digital health solutions and advanced rehabilitation.

A step forward in the international recognition of the project

REVITAL's presence at MEDICA 2025 represented a strategic opportunity to demonstrate the consortium's commitment to improving healthcare in rural areas and to position the project as a European benchmark in innovation applied to territorial cohesion.

SIVI and the project members emphasize that the interest generated at the fair reinforces the importance of investing in solutions that guarantee quality care regardless of where one lives, promoting stronger, more connected and future-oriented rural communities.



Meetings

THE CONSORTIUM WILL MEET IN PALENCIA AT THE BEGINNING OF 2026

The REVITAL project consortium will meet on February 4th and 5th, 2026 in Palencia, marking the first in-person meeting of the year for project partners. This meeting will strengthen coordination among participating entities and provide an opportunity to review the current status of the various work streams.

During the two days, the members of the consortium will have the opportunity to learn firsthand about the facilities of the San Cebrián Foundation, now with the new name of BRIAN, as well as the evolution of the pilot project that is being developed in this enclave, one of the key spaces of the project.

The main topics to be discussed include the administrative review of the project and the preparation of the next beneficiary declaration, as well as the identification of new needs and the definition of protocols and technological tools that will support the next phases of the project.



In addition, the first results obtained through the questionnaires in the pilot cases will be presented, which will be presented by each of the entities involved.

The meeting agenda will also include a visit to the Fidel Ramos Independent Living Center and its testing laboratory, as well as an institutional presentation of the REVITAL project with the participation of authorities.

Another key section will be the definition of the business model and the promotion of clinical assistance and neuro-rehabilitation companies, where the data obtained so far will be presented and the pending tasks that the consortium will have to address in the coming months will be specified.

Finally, work will be done on the communication and dissemination actions of the project, and the next goals will be defined, including the schedule of activities and deliverables, as well as future meetings, before the official closing of the meeting.

The project consortium



BENEFICIARY ENTITIES IN SPAIN



CLUSTER SIVI | VALLADOLID, SPAIN

SIVI Cluster brings together a significant number of public and private organizations with experience in the design, development and application of innovative technological solutions in the fields of active and healthy aging, mental health and independent living.

The role of the SIVI Cluster will be that of project coordinator. SIVI will also be responsible for coordinating all communication and dissemination activities.

UNIVERSIDAD DE DEUSTO | BILBAO, SPAIN

DEUSTO, through its e-VIDA research group at the Faculty of Engineering, provides the project with a multidisciplinary team of researchers with experience in projects (national and international) in the areas of computer, electronic, biomedical and telecommunications engineering. The group is committed to the research and development of tools, systems and interventions based on ICT for health.



GOGOA | BILBAO, SPAIN

GOGOA is a SME manufacturer of medical devices, which focuses its activity in the field of neuro-rehabilitation. It will provide REVITAL with its technological knowledge as a manufacturer of robotic neuro-rehabilitation systems, and its clinical knowledge of neuro-rehabilitation and tele-assistance, both in person and remotely, with the experience gained in the neuro-rehabilitation centres it manages in the Basque Country.

GERENCIA DE SERVICIOS SOCIALES | CASTILE AND LEON, SPAIN

The Social Services Management is a public administration whose main objective is the development and provision of services for the society of Castilla y León.

You will participate in different activities contributing your knowledge in the management of social services, including leading the planning activity of the pilot cases in the three participating regions.



FUNDACIÓN SAN CEBRIÁN



FUNDACIÓN SAN CEBRIÁN | PALENCIA, SPAIN

It is an entity that provides support to people, mainly in rural areas. It has an important network of centers and services for promoting autonomy, which includes an area for promotion and functional rehabilitation.

Their main competence is to facilitate the project in the territory they know and work for the people who live there. They will be an active part in the planning and execution of the pilot cases in Castilla y León.

The project consortium**BENEFICIARY ENTITIES IN PORTUGAL****Politécnico
Castelo Branco**
Polytechnic University**IPCB** | WHITE CASTLE, PORTUGAL

The Polytechnic Institute of Castelo Branco is a public higher education institution whose mission is to provide high-level training to citizens and to produce and disseminate knowledge.

IPCB will participate in the planning of the project, the selection of appropriate technological tools, the implementation of telemedicine services, as well as the evaluation of the results obtained, with the support of the consortium partners.

AEBB | CASTELO BRANCO, PORTUGAL

The AEBB is a private, non-profit business association for public services. Its purpose is to promote the development of economic activities in the region in the technical, economic, commercial, associative, scientific and other fields.



He brings experience in the connection between the business and academic worlds, as well as in entrepreneurship processes and launching new businesses.

**BENEFICIARY ENTITIES IN FRANCE****EPS GARAZI** | ISPOURE, FRANCE

The Garazi public establishment (EPS Garazi) offers a local healthcare offer, bringing together hospitalisation services in medicine and medical and rehabilitation care, an outpatient and imaging platform, and nearly 200 beds for elderly people in the three EHPADs that comprise it.

It will be key in the management of rehabilitation processes in France.

ESTIA | BIDART, FRANCE

ESTIA is a subsidiary of the Bayonne Chamber of Commerce and Industry that provides education and training in industrial technology.

In the project, he brings his experience and knowledge of existing technological tools in the field of tele-assistance, as well as in business promotion.



**Interreg
Sudoe**



Co-funded by
the European Union

REVITAL

Socioeconomic revitalization of low-density population areas through clinical telecare



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