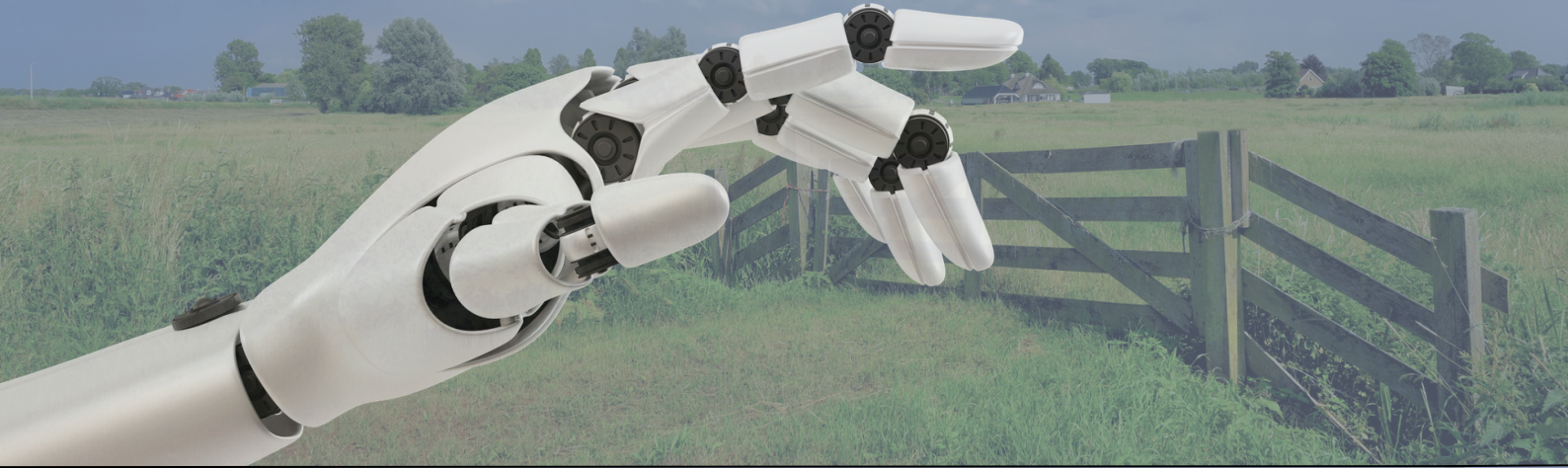


QUARTERLY COMMUNICATION BULLETIN

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REVITAL SUCCESSFULLY COMPLETES ITS PILOT PHASE!

The project “REVITAL: Socio-economic revitalization of low population density areas through clinical telecare”, which is part of the Interreg VI-B Sudoe 2021 – 2027 Program, has successfully completed its pilot phase to bring physical and neurological rehabilitation closer to people living in rural environments.

During 2025 and 2026, this pilot phase of the project was developed, obtaining very positive results both in participation and in the volume of interventions carried out.

Pilotage

The pilot phase, which has been developed in the three participating countries, has been carried out by BRIAN, formerly known as the Fundación San Cebrián (Spain), the Polytechnic Institute of Castelo Branco (Portugal) and the Établissement Public de Santé de Garazi (France).

The following data has been obtained in total:

- **92 people served** (33 men and 59 women)
- **818 individual sessions**
- **70 group sessions**
- **888 rehabilitation sessions**

These results highlight the potential of technological solutions to complement healthcare and bring specialized services closer to rural areas where access to these types of resources is more limited.



Pilotage

PILOT PHASE IN SPAIN: HOME CARE

BRIAN, formerly known as the Fundación San Cebrián, has developed the pilot program by opting for an intervention model in the participants' own homes, thus facilitating personalized care without the need for travel.

A total of 20 people (9 men and 11 women), with an average age of 66.5 years, participated in 261 rehabilitation sessions. The interventions took place in the homes of residents in the following locations:

- Villamuriel de Cerrato
- Bathrooms for Sale
- Cerrato Valley
- Vertavillo
- Mazuecos de Valdeginate
- Magaz de Cerrato
- Grijota
- Villalobón
- In the villa
- Valdepero Springs

Different technologies adapted to the needs of each user have been used to carry out the sessions:

- Rehametrics: 9 people
- Thera Trainer Mobi: 5 people
- Pablo System: 5 people
- Measles: 5 people
- VitalStim Plus: 4 people
- Hank: 3 people
- Fesia Walk: 1 person
- Belk: 1 person



Pilotage

PILOT PHASE IN FRANCE: RESIDENCES AND CLINICS

The Établissement Public de Santé de Garazi (EPS Garazi) has carried out the pilot study with 52 participants (13 men and 39 women), with an average age of 77.6 years.

The following were carried out during the study:

- 348 individual sessions
- 70 group sessions
- 418 sessions in total

The interventions took place in different health and social care centers:

- In Ispoure, at the Établissement Public de Santé de Garazi, including the EHPAD Luro, Adindunen Egoitza and Toki Eder, in addition to the hospital.
- In Irissarry, at a private speech therapy clinic.
- In Larceveau-Arros-Cibits, also in a private speech therapy practice.

The technologies used were:

- MediMoov: 39 people
- Fonctionsexecutives.com: 8 people
- Hank: 3 people
- Brain: 3 people
- VitalStim Plus: 3 personas
- Belk: 1 persona



Pilotage

PILOT PHASE IN PORTUGAL: COMMUNITY SPACES



The Polytechnic Institute of Castelo Branco developed the pilot study with 20 participants (11 men and 9 women), with an average age of 69.25 years, carrying out 209 sessions.

The events took place in:

- The Pedagogical Clinic of the Dr. Lopes Dias Higher School of Health of the Polytechnic Institute of Castelo Branco.
- A space provided by the Parish Council of Aldeia de São Miguel de Acha, as well as another community space to support the elderly.

The technologies used were:

- Rehametrics: 17 people
- Pablo System: 9 people
- Hank: 2 people
- Belk: 1 person



Meetings

BILBAO BRINGS ITS MEMBERS TOGETHER FOR THE FINAL STRETCH

On July 7 and 8, 2026, the University of Deusto, in Bilbao, hosted a new face-to-face follow-up meeting of the REVITAL project, a meeting that brought together the partner entities of the consortium to review the progress achieved, share the results of the activities developed and plan the next actions that will mark the final phase of the project.

First day in Bilbao

The meeting on July 7, held in the Turing Room of the Faculty of Engineering, began with a review of the administrative status of the project, coordinated by the SIVI Cluster, in which compliance with the planned milestones and deliverables was reviewed.

Throughout the first day, the partners presented the results obtained in several of the project's key activities. GOGOA announced the progress of Activity 2.3, focused on selecting the business model, as well as the strategy for implementing Activity 3.4, focused on developing guidelines for replication in other territories of SUDOE (Southwest Europe), while the Associação Empresarial da Beira Baixa (AEBB) presented the progress report for Activity 2.4, focused on promoting the sustainable creation of service-oriented businesses.

The Polytechnic Institute of Castelo Branco (IPCB), the University of Deusto, ESTIA, and GOGOA presented the conclusions of Activity 2.2, which focused on identifying new clinical care and neurorehabilitation needs following the analysis of results obtained during pilot projects developed within the REVITAL framework. Subsequently, the Social Services Management (GSS) of the Regional Government of Castile and León presented the study conducted in the field of early intervention, also linked to this activity.

One of the highlights of the day was the presentation by expert guest Celia Gómez Poveda, Director of Innovation at Fundación Miranda, who shared with the attendees her experience in implementing innovative initiatives in the field of social and healthcare, offering a practical vision on the incorporation of new technologies and methodologies in care centers.



Meetings

BILBAO BRINGS ITS MEMBERS TOGETHER FOR THE FINAL STRETCH

Day two in Bilbao

The second day of work focused on the activities of the third work package. The University of Deusto presented the results achieved in Activity 3.1, which focused on the evaluation of the technological tools used in the pilot projects, while the Social Services Management (GSS) of the Regional Government of Castile and León presented the work plan for the development of Activities 3.2 and 3.3, aimed at evaluating the pilot projects and transferring the project's results.

The meeting also served to review and coordinate the following communication and dissemination actions, presented by the SIVI Cluster, in which the planned actions to give greater visibility to the results obtained and reinforce the impact of the project among professionals, entities and citizens were addressed.

Finally, the SIVI Cluster, through the comments and indications of the other partners, defined the schedule of activities and deliverables for the coming months, establishing the priorities that will allow to successfully face the last phase of REVITAL and guarantee the transfer of the knowledge and solutions developed during the project.



Visit to the facilities of the University of Deusto

The day concluded with a visit to the facilities of the University of Deusto, which allowed participants to learn about some of the spaces dedicated to research and technological innovation.

This new meeting in Bilbao has allowed, in view of the final stage of the project, to strengthen the coordination between the participating entities and consolidate the collaborative work that characterizes REVITAL, advancing in its objective of promoting innovative solutions to improve social and healthcare and the quality of life of people through the use of rehabilitation and support technologies.



Fairs and events

ESTIA MAKES REVITAL VISIBLE IN NEW AQUITAINE

L'École Supérieure des Technologies Industrielles Avancées, ESTIA TECH, through Jon Arambarri, Head of the REVITAL project at the School of Engineering, has participated in the seminar organized by the New Aquitaine Region to highlight the results and territorial impacts of the projects developed within the framework of European Territorial Cooperation (ETC) during the Interreg 2021-2027 program.

The meeting, held on May 27, 2026 at the Hôtel de Région in Bordeaux (France), brought together project promoters, institutional representatives and territorial actors with the aim of discussing the actions promoted by the CTE and reflecting on the future challenges and opportunities for European territories.

In this context, the REVITAL project was selected to participate in the seminar's project forum, with its own stand to present its objectives, progress, and results. REVITAL's presence in this space has provided an important opportunity to raise international profile for the work carried out by the consortium and to share experiences with other European stakeholders involved in territorial cooperation initiatives.

REVITAL, in New Aquitaine

REVITAL was created to address one of the major challenges facing the SUDOE region: depopulation and the aging of rural areas. Regions such as Castile and León, Beira Baixa (Portugal), and the French Basque Country have been experiencing progressive social and economic decline for years due to population loss and a lack of specialized services, particularly in healthcare and social services.

The COVID-19 pandemic further highlighted the difficulties these regions face in ensuring adequate care for the elderly and dependent. In response, REVITAL is committed to an innovative strategy based on developing advanced healthcare services, physical rehabilitation, and neurological care using telehealth and telerehabilitation technologies.

ESTIA's participation in this European seminar reinforces the entity's commitment to cross-border cooperation and to the search for innovative solutions that contribute to the well-being and balanced development of rural territories in the SUDOE area.



Fairs and events

CLUSTER SIVI - REVITAL PROJECT, NOMINATED FOR THE SILVERECO AWARDS 2026: HELP US WITH YOUR VOTE!



The SIVI Cluster, through the REVITAL Project, has been nominated for the SilverEco Awards 2026 in the Prevention, Health & Longevity category, one of the most outstanding international recognitions in the field of senior economy, health and active aging.

The awards ceremony will take place on September 14 and 15, 2026 at the iconic Palais des Festivals in Cannes, France, as part of the SilverEco Festival, a leading event that brings together organizations, companies and institutions committed to innovation to improve people's quality of life.

Your vote can take Cluster SIVI – Proyecto REVITAL to the final. In addition to the awards given by the jury, this year the People's Choice Award will be given, a special award that recognizes the project with the most public support.

Voting is now open, and the three projects with the most votes will advance to the grand final, where they will have the opportunity to present their initiative on the main stage of the Palais des Festivals. The winning project will be chosen live during the SilverNight ceremony on September 14th. That's why... we need your support.

How can you help us? It's very simple!

- Access the official page of the nominated projects.
- Search for the profile of the SIVI Cluster – REVITAL Project.
- Cast your vote and help us take this initiative to the final.

Every vote counts and represents support for the work we are doing to promote innovative solutions in the areas of prevention, health and longevity.

Thank you for helping us continue to grow the impact of the REVITAL Project!

[VOTE FOR REVITAL!](https://www.silvereco.org/festival)



The project consortium



BENEFICIARY ENTITIES IN SPAIN



CLUSTER SIVI | VALLADOLID, SPAIN

SIVI Cluster brings together a significant number of public and private organizations with experience in the design, development and application of innovative technological solutions in the fields of active and healthy aging, mental health and independent living.

The role of the SIVI Cluster will be that of project coordinator. SIVI will also be responsible for coordinating all communication and dissemination activities.

UNIVERSIDAD DE DEUSTO | BILBAO, SPAIN

DEUSTO, through its e-VIDA research group at the Faculty of Engineering, provides the project with a multidisciplinary team of researchers with experience in projects (national and international) in the areas of computer, electronic, biomedical and telecommunications engineering. The group is committed to the research and development of tools, systems and interventions based on ICT for health.



GOGOA | BILBAO, SPAIN

GOGOA is a SME manufacturer of medical devices, which focuses its activity in the field of neuro-rehabilitation. It will provide REVITAL with its technological knowledge as a manufacturer of robotic neuro-rehabilitation systems, and its clinical knowledge of neuro-rehabilitation and tele-assistance, both in person and remotely, with the experience gained in the neuro-rehabilitation centres it manages in the Basque Country.

GERENCIA DE SERVICIOS SOCIALES | CASTILE AND LEON, SPAIN

The Social Services Management is a public administration whose main objective is the development and provision of services for the society of Castilla y León.

You will participate in different activities contributing your knowledge in the management of social services, including leading the planning activity of the pilot cases in the three participating regions.



BRIAN, FORMERLY THE FUNDACIÓN SAN CEBRIÁN | PALENCIA, SPAIN

It is an entity that provides support to people, mainly in rural areas. It has an important network of centers and services for promoting autonomy, which includes an area for promotion and functional rehabilitation.

Their main competence is to facilitate the project in the territory they know and work for the people who live there. They will be an active part in the planning and execution of the pilot cases in Castilla y León.

The project consortium**BENEFICIARY ENTITIES IN PORTUGAL**

**Politécnico
Castelo Branco**
Polytechnic University

IPCB | WHITE CASTLE, PORTUGAL

The Polytechnic Institute of Castelo Branco is a public higher education institution whose mission is to provide high-level training to citizens and to produce and disseminate knowledge.

IPCB will participate in the planning of the project, the selection of appropriate technological tools, the implementation of telemedicine services, as well as the evaluation of the results obtained, with the support of the consortium partners.

AEBB | CASTELO BRANCO, PORTUGAL

The AEBB is a private, non-profit business association for public services. Its purpose is to promote the development of economic activities in the region in the technical, economic, commercial, associative, scientific and other fields.



He brings experience in the connection between the business and academic worlds, as well as in entrepreneurship processes and launching new businesses.

**BENEFICIARY ENTITIES IN FRANCE****EPS GARAZI** | ISPOURE, FRANCE

The Garazi public establishment (EPS Garazi) offers a local healthcare offer, bringing together hospitalisation services in medicine and medical and rehabilitation care, an outpatient and imaging platform, and nearly 200 beds for elderly people in the three EHPADs that comprise it.

It will be key in the management of rehabilitation processes in France.

ESTIA | BIDART, FRANCE

ESTIA is a subsidiary of the Bayonne Chamber of Commerce and Industry that provides education and training in industrial technology.

In the project, he brings his experience and knowledge of existing technological tools in the field of tele-assistance, as well as in business promotion.



**Interreg
Sudoe**



**Co-funded by
the European Union**

REVITAL

Socioeconomic revitalization of low-density population areas through clinical telecare



PROJECT CO-FINANCED BY THE INTERREG SUDOE PROGRAMME
THROUGH THE EUROPEAN REGIONAL DEVELOPMENT FUND (ERDF)
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